



Pre-K 4 SA Menu: January 4th - 8th

(Cycle: Week 1, Day 1 - 5)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	4-Jan	5-Jan	6-Jan	7-Jan	8-Jan
Breakfast	Cinnamon Toaster Cereal Seasonal Fresh Fruit Milk	WG Chicken & Biscuits WG Chicken Nuggets WG Biscuit Cinnamon Peaches Milk (Jelly)	Turkey Sausage Links WG Waffle Seasonal Fresh Fruit Milk (Syrup)	WW English Muffin Mandarin Oranges Milk (Jelly)	WW Pancakes Wango Mango Juice Milk (Syrup)
Lunch	Chicken Strips WW Roll Garlic Mashed Potatoes Creamed Spinach Milk (Ketchup)	Spaghetti & Meat Sauce Ground Chicken WW Spaghetti Spaghetti Sauce Peas & Carrots Milk	Cheese Enchiladas Enchilada Sauce Pinto Beans Cinnamon Apples Milk	Hamburger & Fries Beef Patty WW Hamburger Bun Oven Fries Pineapple Tidbit Cup Milk (Ketchup; Mustard)	Margherita Cheese Pizza Cheese Pizza Shredded Mozzarella Tomato/Basil Italian Blend Veg Milk
Snack	WW Crackers Cheddar Rectangle	Oatmeal Strawberry Bar 100% Orange Juice	Chewy Granola Bar Milk	Pretzels Dragon Punch Juice	Fruit Yogurt Cup WG Chocolate Graham
Late Snack	Oatmeal Cookies Craisins	Vanilla Wafer Cookies Seasonal Fresh Fruit	Applesauce Cup WW Crackers	Apple/Cin. Rice Cake Craisins	Baby Carrots Multi-Grain Sun Chips

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